



Why not try one of the Healthy Meals our Cooks provide in school for your child?

FACTS!

- All Saints is approved by Council for Mosques
- All meat and poultry used is locally sourced
- All fresh vegetables and potatoes are locally sourced and are Red Tractor accredited
- All our fish, vegetarian, cheese dishes are suitable for Muslims
- All our dessert items are suitable for vegetarians and Muslims
- We do not use preservatives or additives that are unsuitable for children
- We have a no nut and no genetically modified ingredient policy

These signs on the menu are:

Halal



Vegetarian



Healthy Choices

- Children who have a balanced meal at lunchtime can concentrate better and are more receptive in afternoon lessons.
- Sitting down and eating together helps children develop social and interpersonal skills.

Did You Know....?

- Children in Reception class and years 1 & 2 receive a **FREE** school meal under the Universal Infant Free School Meals scheme!
- Even if your child receives a free meal, if you register for free school meals school can benefit from extra funding.
- CHILDREN IN YEARS 3 TO 6 could also get School Meals for FREE! Please see our website for details. If you need help, please contact either community room in the Powell Building or Kennion Building.

**All menu items are subject to availability*

***Price is subject to review and change in*

January 2020

Meals are to be paid for in advance every Monday using ParentPay: www.parentpay.com



All Saints Church of England Primary School & Nursery

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All Saints Church of England Primary School School Meals Menu

**A tasty nutritionally balanced
2 - course school lunch
FREE for all primary school
children in
Reception class and Years 1 & 2
Or ****£1.70** for Years 3-6
(**£8.50 per week)
All Saints is a cashless school!
PLEASE pay by using ParentPay
www.parentpay.com**

This leaflet contains our new menu.

All meals are cooked in the kitchen by our own catering team.

Your children will not be served any pre-prepared food as Only fresh ingredients are used.


Menu Cycle	
w/c 04-Nov-19	Week 1
w/c 11-Nov-19	Week 2
w/c 18-Nov-19	Week 3
w/c 25-Nov-19	Week 1
w/c 02-Dec-19	Week 2
w/c 09-Dec-19	Week 3
w/c 16-Dec-19	Week 1
w/c 06-Jan-20	Week 1
w/c 13-Jan-20	Week 2
w/c 20-Jan-20	Week 3
w/c 27-Jan-20	Week 1
w/c 03-Feb-20	Week 2
w/c 10-Feb-20	Week 3
w/c 24-Feb-20	Week 1
w/c 02-Mar-20	Week 2
w/c 09-Mar-20	Week 3
w/c 16-Mar-20	Week 1
w/c 23-Mar-20	Week 2
w/c 30-Mar-20	Week 3

All Saints Church of England Primary School and Nursery is committed to safeguarding children and all adults in school are subject to vetting checks including an enhanced DBS check.

Week 1 menu

4th & 25th Nov, 16th Dec, 6th Jan & 27th Jan, 24th Feb & 16th Mar

MONDAY


Vegetarian Burgers - Quorn burgers in a wholemeal bun served with fresh mixed salad. 

Non Halal Spaghetti Bolognese - Minced beef cooked in a traditional tomato and herb sauce, served with garlic bread and fresh mixed salad.

Marble Sponge - A freshly baked light sponge marbled with chocolate sauce, served with creamy custard.


TUESDAY


Halal Chicken Biryani - Fresh halal chicken cooked in the traditional way, served with rice and mixed spices. 

Baked Bean and Potato Bake - Tasty baked beans in tomato sauce topped with creamy mashed potatoes and baked in the oven, served with salad and crusty bread. 

Swedish Apple Sponge - A light sponge baked over a bed of sliced apples, served with creamy custard.

WEDNESDAY

Halal Keema and Peas - Fresh halal mutton and peas in a mild curry sauce with onions and authentic spices, served with rice and fresh mixed salad. 

Vegetarian Quorn Stir-Fry - Quorn Soya strips cooked with fresh vegetables in a delicious sauce, served with noodles and fresh mixed salad. 

Rice Krispy Buns - A sweet and crunchy mixture of syrup, chocolate and Rice Krispies and served individually.

Jelly - Individual jelly pots *flavour may vary each week.


THURSDAY


Fish Fillets - White fish fillets in a crispy tempura batter, served with roast potatoes, peas, sweetcorn. 

Vegetarian Chilli-Con-Carne - Quorn soya cooked in a traditional spicy sauce, served with rice and salad.

Chocolate Drizzle Cake with Chocolate Sauce - freshly baked light plain sponge drizzled with chocolate icing served with a creamy chocolate sauce.

FRIDAY

Halal Chicken Tikka Pizza - Pizza topped layers of Halal tikka chicken, tomato sauce and cheese. Served with chips, beans and coleslaw. 

Cheese and Tomato Pizza - Pizza topped with layers of tomatoes and cheese and served with chips, beans and coleslaw. 

Fresh Fruit Salad and Ice-cream - Mixed chopped fresh fruit in natural juice served with vanilla ice-cream.

Daily Options

*Subject to availability and may change without notice


All meals are served with seasonal vegetables or salad items. Plus either potatoes, rice, pasta, chapattis or naan bread. Bread is available every day, along with fresh fruit and fruit yogurt as part of the dessert options.


Available every day, except Friday, are Paninis and assorted sandwiches plus, salad from the salad bar. Oven baked jacket potatoes with a choice of two fillings.

Week 2 menu

11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 2nd & 23 Mar

MONDAY


Halal Chicken Pakoras - Chicken breast pieces coated in traditional spicy batter, served with rice and fresh mixed salad. 

Cheese and Tomato Pasta Bake - Fusilli pasta in a rich tomato and herb sauce topped with cheese and baked in the oven. 

Coconut and Lemon Tart - A sweet pastry base layered with mixed fruit jam and a light coconut and lemon flavoured sponge mixture.

TUESDAY


Halal Minced Lamb and Potato Curry - Fresh minced halal lamb cooked in traditional spices and sauce, served with rice and salad. 


Vegetarian Chinese Sweet and Sour - Quorn strips cooked in an authentic sweet and sour sauce, served with noodles and sweetcorn. 

Rice Pudding - A freshly made sweet, creamy traditional dessert, served with mixed fruit jam or peaches.

Flapjack - A delicious oat and syrup crunchy tray bake, served as individual

WEDNESDAY

Halal Lamb Lasagne - Minced Halal lamb cooked with onions, tomatoes and herbs in a traditional Italian sauce. Served with garlic bread and fresh mixed salad. 


Vegetarian Ravioli - Pasta shaped squares filled with vegetables cooked in a tomato sauce, served with fresh mixed vegetables and crusty bread. 

Golden Syrup Roly Poly - A sweet pastry spread with Golden Syrup, rolled and then steamed in the oven, served with creamy custard.

Date Crunch - A sweet Rice Krispy square containing chopped dates and syrup.


THURSDAY


Fish fingers - Breaded white fish fillet fingers served with roast potatoes and sweetcorn.

Allu Chana - Chick peas and vegetables cooked in a traditional mild spicy tomato based sauce, served with rice and fresh mixed salad. 

Chocolate Sponge and Chocolate Sauce - Freshly baked light chocolate sponge served with a creamy chocolate sauce.

FRIDAY

Halal Chicken Tikka Pizza - Halal chicken tikka pizza served with chips, beans and coleslaw. 


Cheese and Tomato Pizza - Pizza topped with layers of tomatoes and cheese served with chips, beans and coleslaw. 


Fresh fruit and Ice-cream - Mixed chopped fresh fruit in natural juice served topped with a scoop of vanilla ice-cream.

Week 3 menu

18th Nov, 9th Dec, 20th Jan, 10th Feb, 9th & 30th Mar


MONDAY

Halal Chicken and Spinach Curry - Halal chicken pieces cooked in an authentic spicy sauce served with naan bread and fresh mixed salad. 

Tuna Pasta Bake - Fusilli pasta mixed with tuna chunks cooked in a rich tomato and herb sauce topped with grated cheese and baked in the oven, served with garlic bread and fresh mixed salad. 

Chocolate and Orange Cookies - Freshly baked cookies made with fresh oranges and milk chocolate.


TUESDAY


Quorn Chicken Fajitas - Quorn strips cooked with onions and peppers in a traditional spicy sauce, served with fresh mixed salad. 

Jacket Potato - Freshly baked in the oven then served with either baked beans, tuna mayonnaise or grated cheese and fresh mixed salad.

Viennese Tart - A sweet pastry base layered with mixed fruit jam and topped with a light sponge mixture and served with creamy custard.

WEDNESDAY

Halal Pasta Bolognese - Halal minced lamb cooked in a traditional tomato and herb sauce, served with fusilli pasta, garlic bread and fresh mixed salad. 

Cheese Whirls - Cheddar cheese and potato mix rolled in a savoury puff pastry and cut into individual pasties, served with carrot batons, broccoli and new potatoes. 

Decorated Buns - Individual plain sponge decorated with Roselle cream.


THURSDAY


Fish Fillets - Battered white fish fillet baked in the oven, served with new potatoes, peas and sweetcorn.

Assorted Sandwiches - A variety of sandwiches with various fillings. 

Chocolate and Apple Sponge and Chocolate Sauce - Freshly baked light chocolate sponge mixed with apples and served with a chocolate custard.

FRIDAY

Halal Chicken Tikka Pizza - Halal chicken tikka topped pizza served with chips, beans and coleslaw. 

Cheese and Tomato Pizza - Pizza topped with layers of tomatoes and cheese, served with chips, beans and coleslaw. 

Ice-cream Tubs - Individual vanilla or strawberry flavoured ice-cream tubs.